

HOW TO #4:

HOW TO GET OUT OF YOUR SPIRITUAL RUT

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1. When It's All Good and You Get Too Comfortable in Your Daily Christian Walk *(2 Samuel 8:13-15; 11:1-5)*

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2 Sam. 8:13 And David made a name for himself when he returned from striking down 18,000 Edomites in the Valley of Salt.

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14 Then he put garrisons in Edom;
throughout all Edom he put
garrisons, and all the Edomites
became David's servants. And
the LORD gave victory to David
wherever he went.

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15 So David reigned over all Israel. And David administered justice and equity to all his people.

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2 Sam. 11:1 In the spring of the year, the time when kings go out to battle, David sent Joab, and his servants with him, and all Israel. And they ravaged the Ammonites and besieged Rabbah. But David remained at Jerusalem.

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2 It happened, late one afternoon, when David arose from his couch and was walking on the roof of the king's house, that he saw from the roof a woman bathing; and the woman was very beautiful.

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3 And David sent and inquired about the woman. And one said, “Is not this Bathsheba, the daughter of Eliam, the wife of Uriah the Hittite?”

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4 So David sent messengers and took her, and she came to him, and he lay with her. (Now she had been purifying herself from her uncleanness.) Then she returned to her house.

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5 And the woman conceived, and she sent and told David, “I am pregnant.”

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2. When Your Complaints Conquer Your Gratitude to God While Forgetting His Past Deliverances

(Psalm 103:1-2)

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Psalm 103:1 Bless the LORD,
O my soul, and all that is within me, bless his holy name!

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2 Bless the LORD, O my soul, and forget not all his benefits,

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3. When You Remain Constantly Irritated and Angry with Others and/or Fellow Christians

(Jonah 4:1-4; Philippians 4:2-3)

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Jonah 4:1 But it displeased Jonah exceedingly, and he was angry.

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2 And he prayed to the LORD and said,
"O LORD, is not this what I said when I
was yet in my country? That is why I
made haste to flee to Tarshish; for I knew
that you are a gracious God and merciful,
slow to anger and abounding in steadfast
love, and relenting from disaster.

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3 Therefore now, O LORD, please take my life from me, for it is better for me to die than to live.”

4 And the LORD said, “Do you do well to be angry?”

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Philippians 4:2 I entreat Euodia and I entreat Syntyche to agree in the Lord.

3 Yes, I ask you also, true companion, help these women, who have labored side by side with me in the gospel together with Clement and the rest of my fellow workers, whose names are in the book of life.

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4. When You Consistently Refuse to Accept New Challenges for Christ and Serve While 'Stretching' Yourself *(1 Kings 19:19-21)*

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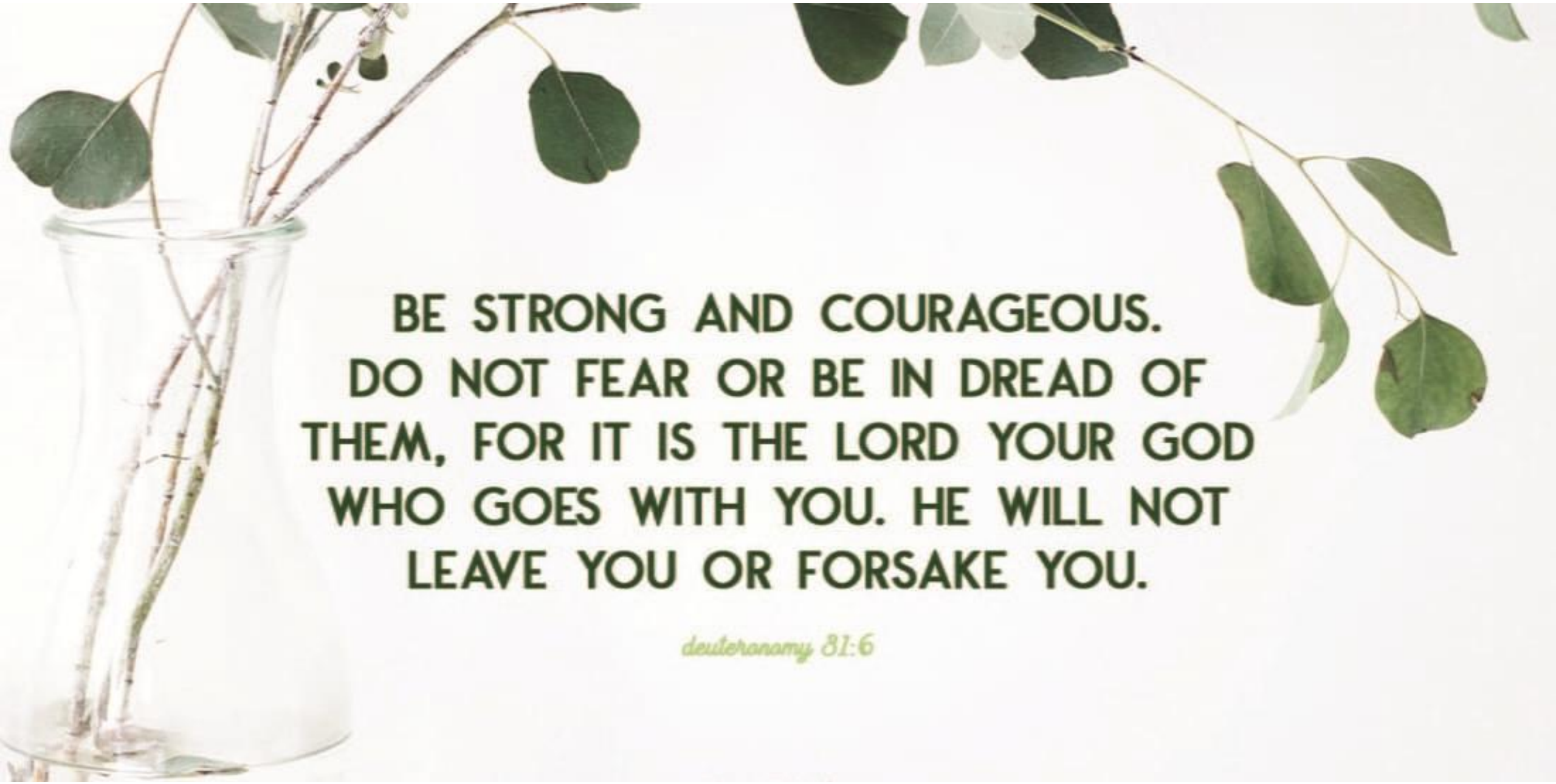
1 Kings 19:19 So he departed from there and found Elisha the son of Shaphat, who was plowing with twelve yoke of oxen in front of him, and he was with the twelfth. Elijah passed by him and cast his cloak upon him.

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20 And he left the oxen and ran after Elijah and said, “Let me kiss my father and my mother, and then I will follow you.” And he said to him, “Go back again, for what have I done to you?”

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21 And he returned from following him and took the yoke of oxen and sacrificed them and boiled their flesh with the yokes of the oxen and gave it to the people, and they ate. Then he arose and went after Elijah and assisted him.


BE STRONG AND COURAGEOUS.
DO NOT FEAR OR BE IN DREAD OF
THEM, FOR IT IS THE LORD YOUR GOD
WHO GOES WITH YOU. HE WILL NOT
LEAVE YOU OR FORSAKE YOU.
deuteronomy 31:6