



# Dealing With Disappointment – God’s Way

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TEXT: PSALM 34

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1. Reminder: God Cares for  
You and Has Compassion  
(*Psalm 34:18*)

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Ps. 34:18 The LORD is near  
to the brokenhearted and  
saves the crushed in spirit.

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2. Give Your Disappointment to God (and Express Your Feelings – and Forgiveness – to Him)  
*(Psalm 34:15, 17)*

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Ps. 34:15 The eyes of the LORD are toward the righteous and his ears toward their cry.

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17 When the righteous cry for help, the LORD hears and delivers them out of all their troubles.

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3. Don't Linger on the  
Disappointment  
(*Psalm 34:1, 8*)

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Ps. 34:1 | I will bless the LORD at all times; his praise shall continually be in my mouth.



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<sup>8</sup> Oh, taste and see that the LORD is good! Blessed is the man who takes refuge in him!

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4. Let God Help You Work  
Through It – and Look for  
the Blessing

*(Psalm 34:2-7, 19)*

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Ps. 34:2 *My soul makes its  
boast in the LORD; let the  
humble hear and be glad.*

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<sup>3</sup> Oh, magnify the LORD with me, and let us exalt his name together!

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<sup>4</sup> I sought the LORD, and he answered me and delivered me from all my fears.

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<sup>5</sup> Those who look to him  
are radiant, and their faces  
shall never be ashamed.

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<sup>6</sup> This poor man cried, and the LORD heard him and saved him out of all his troubles.

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<sup>7</sup> The angel of the LORD  
encamps around those who  
fear him, and delivers them.



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19 Many are the afflictions of the righteous, but the LORD delivers him out of them all.

**THE LORD IS CLOSE  
TO THE BROKENHEARTED;  
HE RESCUES THOSE  
WHOSE SPIRITS  
ARE CRUSHED.**

**PSALMS 34:18**

