1. You've Got to Do the Right Thing - Not the Same or Sure Thing (Jonah 2:1-10)

Jonah 2:1 Then Jonah prayed to the LORD his God from the belly of the fish,

<sup>2</sup> saying, "I called out to the LORD, out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice.

<sup>3</sup> For you cast me into the deep, into the heart of the seas, and the flood surrounded me; all your waves and your billows passed over me.

<sup>4</sup> Then I said, 'I am driven away from your sight; yet I shall again look upon your holy temple.'

<sup>5</sup> The waters closed in over me to take my life; the deep surrounded me; weeds were wrapped about my head at the roots of the mountains.

<sup>6</sup>I went down to the land whose bars closed upon me forever; yet you brought up my life from the pit, O LORD my God.

<sup>7</sup> When my life was fainting away, I remembered the LORD, and my prayer came to you, into your holy temple.

<sup>8</sup> Those who pay regard to vain idols forsake their hope of steadfast love.

<sup>9</sup> But I with the voice of thanksgiving will sacrifice to you; what I have vowed I will pay. Salvation belongs to the LORD!"

10 And the LORD spoke to the fish, and it vomited Jonah out upon the dry land.

2. You've Got to Be Thankful for the Tough Times - God is Making and Refining You (Isaiah 64:8; 45:9)

Isaiah 64:8 But now, O LORD, you are our Father; we are the clay, and you are our potter; we are all the work of your hand.

45:9 "Woe to him who strives with him who formed him, a pot among earthen pots! Does the clay say to him who forms it, 'What are you making?' or 'Your work has no handles'?

3. You've Got to Claim God's 'Bad to Good' Promise - But Only Under His Condition (Romans 8:28)

Romans 8:28 And we know that for those who love God all things work together for good, for those who are called according to his purpose.

