



**“THE GREATEST SERMON EVER #14:
The Key to Overcoming Your Worry & Anxiety”**

Text: Matthew 6:25-34

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Matt. 6:25 “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing?”

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²⁶ Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

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**27 And which of you by being
anxious can add a single
hour to his span of life?**

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**28 And why are you anxious
about clothing? Consider the
lilies of the field, how they
grow: they neither toil nor spin,**

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**29 yet I tell you, even
Solomon in all his glory was
not arrayed like one of these.**

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³⁰ But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O you of little faith?

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**31 Therefore do not be anxious,
saying, ‘What shall we eat?’ or
‘What shall we drink?’ or
‘What shall we wear?’**

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**32 For the Gentiles seek after
all these things, and your
heavenly Father knows that
you need them all.**

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**33 But seek first the kingdom
of God and his
righteousness, and all these
things will be added to you.**

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**34 “Therefore do not be anxious
about tomorrow, for tomorrow will
be anxious for itself. Sufficient for
the day is its own trouble.**

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**1. Jesus’ Command is
Clear: *DON’T* Worry
About the Basics!**

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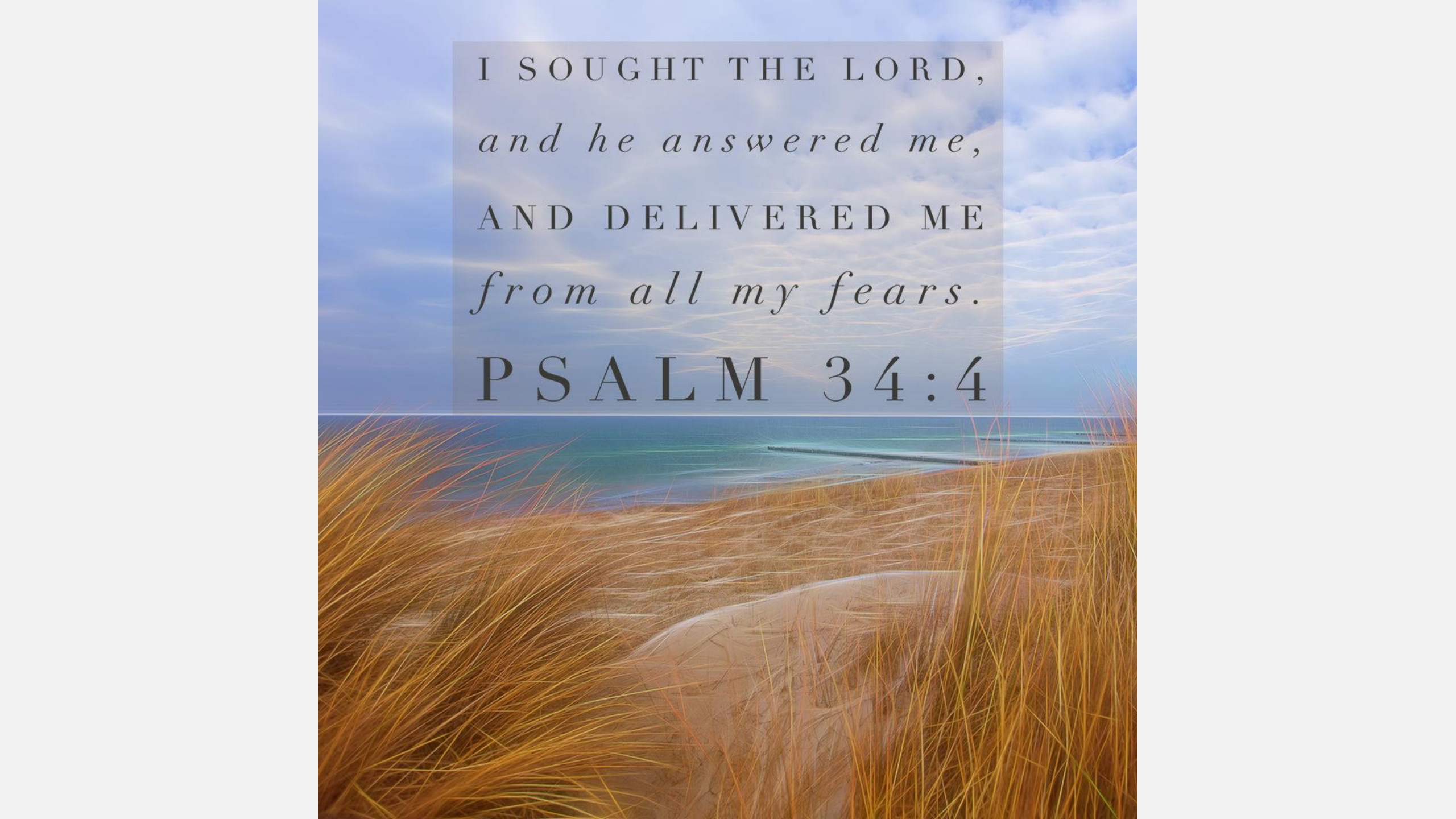
**2. Christians Still Have to
Do Our Part to Make It
Financially**

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**3. Watch Your Attitude
About Needing/Wanting
the Best**

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**4. Seeking God’s Kingdom
is Knowing Him, Trusting
Him, and Obeying Him**



I SOUGHT THE LORD,
and he answered me,
AND DELIVERED ME
from all my fears.

PSALM 34:4