#### Text: Matthew 6

# **1. Genuine Forgiveness** is Often Difficult (Even for Real Christians)

2. Genuine Forgiveness Isn't **'Quid Pro Quo' (Real Christians** Accept Their <u>Need</u> to Forgive)  $(vv \ 14-15)$ 

## Matt. 6:14 For if you forgive others their trespasses, your heavenly Father will also forgive you,

## <sup>15</sup> but if you do not forgive others their trespasses, neither will your Father forgive your trespasses.

3. Genuine Fasting is An Incredible Blessing (When Dealing with Important <u>Decisions</u>, Discouragement, <u>Tragedy</u>, - and Repentance)

4. FAKE Christianity Involves the Desire to Appear 'Super-Spiritual', i.e., "Super-Up" or "Super-<u>Suffering</u>" (vv 16-18)

<sup>16</sup> "And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward.

# 17 But when you fast, anoint your head and wash your face,

<sup>18</sup> that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

